

REGISTRATION FORM 2011 - 2012 SEASON

Name: _____

Home phone: _____

Address: _____

Postal Code: _____

e-mail: _____

Date of birth: _____

Emergency contact: _____

Medical Considerations: _____

Previous Movement Experience: _____

Class Desired: _____

How did you hear about us?

Friend Brochure Website

Road sign Other

WAIVER: *In consideration of your acceptance of my child's registration, I state that I will not hold responsible the Elena's Rhythmic Gymnastics Club or any of its Executives or coaches, for any personal injury or property loss or damage suffered by my child while involved with ERGC activities.*

Parent/Guardian Signature: _____

Date: _____

No participation will be allowed without this signed form.

I will allow photos taken of my child at club events to be used in future advertising.

Parent/Guardian Signature: _____

1. Please make cheques payable to **ERGC**.
2. Complete, detach and bring this form with you, plus the **\$25** registration fee, full payment, and the signed PIPEDA form to your first class.

For further information please call 435-4975 or e-mail to ergc@interbaun.com.

WHY ELENA'S RG CLUB?

Our **personalized teaching** approach maximizes the benefits of the sport for each child, by making sure that everyone can learn at a comfortable pace while motivating themselves to excel further.

We pay special attention to technique, poise and posture, in order to help the girls to be **graceful on and off the carpet**.

We focus on raising our gymnasts' **confidence, health, activity and creativity** to help create the strong young women of tomorrow.

All gymnasts have the **opportunity to perform** on club events: Winter Show, PRISM Day and Year-End Show as well as Provincial Gymnaestrada.



We emphasize the importance of *team spirit* and healthy team relationships which fuel our Club's **friendly and motivating atmosphere**.

CLASSES START

September 17th, 2011

Open Classes are during the first week of each session:

For the remaining classes, we ask that only the coach and gymnasts be present in the gym.

Please note that the Club observes all statutory holidays. Schools must occasionally make adjustments to our bookings to accommodate school functions. Notice of any cancellation of classes in the schedule will be sent home with the gymnast or by the phone or e-mail. Cancelled classes will be rescheduled.



ELENA'S RHYTHMIC GYMNASTICS CLUB



Switzerland World Gymnaestrada Participant

Rhythmic Gymnastics is a wonderful and graceful Olympic Sport, which combines the beauty of expressive movement with the great fun and excitement of hoops, balls, ropes and ribbons.

780-435-4975

www.ergclub.org

Outstanding instruction
in all levels of Rhythmic Gymnastics

Elena's Rhythmic Gymnastics Club



We are very proud of the variety and high standard of our rhythmic gymnastics programs. ERGC offers outstanding instructions in all levels of rhythmic gymnastics since 1995. ERGC has unique recreational programs for all ages, ranging from 4 years old, all the way up to adult classes. All our recreational programs include a warm up, strength exercises, stretching, jumping, introduction to ballet, acrobatics and great fun working with rope, ball, ribbon and hoop. Class sizes are limited to insure quality and individual attention. We use PRISM Program, which allows non-competitive gymnasts to work towards attaining colourful badges for various skill levels in rhythmic gymnastics. The excellent quality of Elena's competitive program is evident by the results our gymnasts have achieved at competitions. They received top honours at international, national and provincial competitions. Furthermore, 40 of our gymnasts have earned the title of "Alberta Provincial Champion". In 2011, for the first time ever, Elena's RGC made a trip across the big pond to Switzerland for the 2011 World Gymnaestrada. This is the world's largest athletic event with over 23,000 athletes performing from all over the planet. Elena's was proud to participate in this prestigious event and will continue to perform internationally at the next Gymnaestrada in Finland, 2015. Whether it be competitive, performing or recreational levels for all ages, Elena's ensures that the same quality and enthusiasm is brought to all our gymnasts as the kind that lead us to the World Gymnaestrada!

Recreational Programs Offered in

Greenfield School
3735—114 St.

Terwillegar Community Rec. Center
2051 Leger Road

St. Teresa School
11350-25 Ave.

Class	Day	Time	Location	Hours /week	Fees (\$)		
					Fall	Winter	Spring
Recreational 3-5 yrs	Thursdays	6:15 – 7:00	St. Teresa School	45 min	175.50	135	162
Recreational (A) 4-6 yrs	Saturdays	12:00 – 1:00	Terwillegar Comm. Rec. Center	1 h	180	150	150
Recreational (B) 4-6 yrs	Saturdays	1:00 – 2:00	Terwillegar Comm. Rec. Center	1 h	150	150	150
Recreational (A) 5-8 yrs	Mondays	6:00 – 7:00	Greenfield School	1 h	180	150	150
Recreational (B) 5-8 yrs	Thursdays	7:00 – 8:00	St. Teresa School	1 h	195	150	180
Recreational 7-11 yrs	Tuesdays	7:00 – 8:00	Terwillegar Comm. Rec. Center	1 h	210	165	180
Advanced Recreational 7-13 yrs	Wednesdays	6:45 – 8:00	Greenfield School	2 h 30	375	315	330
	Fridays	6:45 – 8:00	Greenfield School				
Adult Class	Saturdays	1:00 – 2:00	Terwillegar Comm. Rec. Center	1 h	n/a	150	135

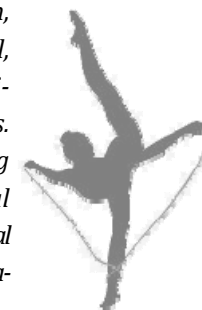
Terms and Conditions

- Programs run from 32-37 weeks from September to June in three sessions:
Fall (September 17 - December 20), Winter (January 9 - March 23), and Spring (April 2 - June 17)
Minimum class size is 6, maximum 12 gymnasts.
- Registration Fee - \$25.00/year/family (non-refundable) includes registration with RG Alberta and RG Canada.
- Payment plan: Total payment in one cheque or three post-dated cheques to be dated Oct 1/11; Jan 1/12 ; April 1/12, and submitted with signed Registration Form, PIPEDA Form, and Registration Fee. Please, make cheques payable to ERGC.
- No participation will be allowed without accepted registration and fees.
- All families are expected to participate in volunteer activities (eg. rolling carpets for classes, helping during our shows/events, etc.)
- Written notice of termination must be received two (2) weeks prior to the beginning of the following session. No refund will be made for missed classes.

Head Coach:

Dr. Elena Mager-Lukjanova

Elena has many advanced qualifications to help her bring out the best in each student. She has a Master of Sport Degree in Rhythmic Gymnastics from Russia, where she competed for 10 years. As a member of Russia's National Team, she successfully competed at regional, national and international competitions, winning gold and silver medals. Elena has her National Coaching Certificate Level 2 and is a National Level Judge. Her practical and theoretical knowledge has contributed to both her recreational and competitive classes.



Attire

Recreational gymnasts wear a bodysuit:

Pink for 3-5yr class,
Royal-blue long-sleeve 5-8, 7-11, 8-13yr classes

Legs: Bare legs for shows. For classes may wear black form fitting leggings or shorts.

Feet: Rhythmic gymnastics half slippers or bare feet.

Hair: should be neat, long hair tied in a bun, ponytail or braids.

No jewellery, No gum, No shoes.

Name: _____ **Class:** _____

RHYTHMIC GYMNASTICS ALBERTA PIPEDA RELEASE FORM

- 1.0 The personal information you provide to your club, to Rhythmic Gymnastics Alberta, and to different organizing committees for Provincial and National events, is collected under the authority of the PIPEDA privacy bill for Canada. It is used to determine your eligibility for competitive and recreational opportunities, age related events, to facilitate your enrolment, to administer and evaluate programs/courses of benefit to gymnasts, coaches, Board Members, volunteers and judges, and for insurance and statistical purposes. It may be necessary to disclose this information to Gymnastics Canada Gymnastique (GCG) or the current insurance company to comply with their requirements.. In addition, personal information may be, from time to time, submitted to major funding bodies in order to verify registration and meet the funding requirements. This information will be transferred in a safe format.
- 2.0 Registration information required may include: name, age, birth date, address, gender, emergency contact information in case of accident or illness, previous movement experience, position within the club or provincial governing structure, volunteer experience, judging level attained, coaching level attained, performing and/or competitive level attained and citizenship information. Staff members and senior volunteers may have the following information collected and retained: coaching experience, performance appraisals, appointment records, resumes and letters of reference, university equivalency/course information for different aspects of coaching training, attendance records, coach certification numbers, certifications and equivalencies.
- 3.0 Your club's Privacy Officer, as well as the Privacy Officer for RGA, are responsible for your personal information, and the personal information concerning any minor children, and they ensure that all personal information is handled in a confidential manner, and all reasonable precautions are taken to avoid loss, theft or unauthorized access, disclosure, copying, use or modification. Any requests to view your personal information should be made in writing to the club or provincial Privacy Officer (RGA, 11759 Groat Road, Edmonton, AB T5M 3K6)

Please fill in and sign the following form, indicating that you allow the transmission of personal information from RGA to the Gymnastics Canada office, and the subsequent transmittal of personal information as indicated in Paragraph 1.0 of this document.

Name: _____ Signature: _____

Date: _____ Phone Number: _____

Name of Parent/Guardian of participant if under the age of 18: _____

Signature of Parent/Guardian of participant if under the age of 18: _____

RHYTHMIC GYMNASTICS ALBERTA IMAGE RELEASE FORM

Participants at Club, Provincial and National events, including Gymnaestradas, Performances, Demos and Competitive events, may have their image, likeness, name (excluding personal address, phone, fax number, and/or email address), province, city/town, and club, as well as rank within Alberta/Canada and previous performing, competitive, judging, choreographing or coaching history used in publications and on the website by RGA as well as its agents and sponsors from time to time. When signing this form, gymnasts, volunteers, coaches, judges and, in the case of minors, their parent/guardian, agree that they have the authority to provide this authorization/approval to RGA and its agents, and sanctioned organizing committees. A facsimile, a scanned and emailed copy, or a photocopy of this form shall be deemed to constitute an original signed document.

I allow the use of personal information and images as outlined above, in Club, RGA and GCG Media, including newsletter, website, poster, brochure, video, sponsorship packages.

Name: _____ Signature: _____

Date: _____ Phone Number: _____

Name of Parent/Guardian of participant if under the age of 18: _____

Signature of Parent/Guardian of participant if under the age of 18: _____

If Photographs of the athlete are provided to your club or RGA, please send each photograph together with the photographer's express written permission for RGA or your club to use the photograph(s) on the internet, in publications related to rhythmic gymnastics, and in sponsorship materials for rhythmic gymnastics.